



## " BLOCK O THE MONTH"

### SEPTEMBER



#### **BOM 9**

#### **Flower pots in front of the house**

**Method:** Yo-Yos

**Pattern:** 2 circles with diameter of 4 and 5 cm

#### **Fabrics used:**

Fabric E                      flower pots  
Fabric R                      flowers (Yo-Yos)

#### **Method: Yo-Yos**

Yo-Yos are little fabric circles which are basted all around and gathered together.

#### **Creation**

Cut a fabric circle of the requested size. Fold approx 4 mm seam allowance onto the reverse side of the fabric all around. Baste the Yo-Yo just along with outer edge with some basting stitches, and secure the beginning with a knot and a reverse stitch. When getting back to the origin, pull the thread carefully so that the circle is closed. Sew up the thread and sew on the YO-YO by hand.

#### **Size**

When dividing the circle diameter of the template by 2.25, the approximate finished size of the Yo-Yo is achieved.

Example: a template size of 12 cm results in a Yo-Yo size of approx. 5.3 cm diameter

**Appearance**

Depending on the stitch size and the distance to the outer edge a Yo-Yo is basted, another form of opening will be achieved.

Long stitches (approx. 4 mm long) will result in a small opening.

Small stitches (approx. 2-3 mm long) will result in a big opening so that the Yo-Yo will also be a bit bigger.

The achieved opening may e.g. be filled with beads.

Stitches that are close to the outer edge (approx. 2 mm away) will create a flat centre

Stitches that are farther away from the outer edge (approx. 5 mm and more) will lead to a high standing centre.

In this case, the Yo-Yo will become smaller as a bigger turn-up is needed.

**Tip:**

Totally Stable may be used for the circle pattern as cutting aid and saves drawing of the template onto the reverse side of the fabric.

**Sewing:**

Apply both flower pots as Needle-turn appliqué (see BOM 1, too).

Trace the two circle patterns onto the mat side of Totally Stable and cut along the drawn outline.

Iron both patterns onto the yellow fabric, cut out along the edge of the backing, and remove Totally Stable from the fabric. Make two Yo-Yos from both fabric circles and sew on the flower pot at a distance of approx. 1 cm.

Embroider the stem of the flowers using rests of green hand embroidery thread.

**BOM 9:**  
**Yo-Yo templates**

2 circles with 4 and 5 cm diameter

