

# SULKY®

## “BLOCK OF THE MONTH”

### 2013 I love sewing



Designed and worked by Christa Rolf  
Difficulty level ++

Difficulty levels  
+ easy  
++ medium  
+++ experienced

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## **Product Information:**

### **Stabilizer:**

**Gütermann SULKY Totally Stable:** easy-tear embroidery and sewing underlay with special iron-on coating. The adhesive is not very strong and can be removed without leaving any residue. **Totally Stable** is a good stencil material and makes appliqué work easier.

### **Threads:**

**Gütermann SULKY Cotton 12:** relatively strong thread for machine embroidery and quilting made from 100% cotton. This thread is also ideal for hand embroidery.

**Gütermann SULKY Cotton 30:** universal machine embroidery and quilting thread made from 100% cotton.

**Gütermann SULKY Invisible:** fine, tear-resistant, transparent thread.

### **Materials:**

- 4 spools **Cotton 12** in beige, anthracite, dusky pink and burgundy  
(Dye Nos. 1180, 1234, 1190 and 1169)
- 2 spools **Cotton 30** in white and cream (Dye Nos. 1001 and 1082)
- 1 spool **Invisible**
- 2.0 m **Totally Stable** (roll width 50 cm)
- 0.35 m Fabric A light beige plaid/gingham
- 0.40 m Fabric B light beige striped
- 0.30 m Fabric C light beige plain
- 0.20 m Fabric D light beige with white flowers
- 0.15 m Fabric E beige with little white stars
- 0.15 m Fabric F beige with hearts
- 0.15 m Fabric G beige with beige roses
- 0.15 m Fabric H beige plaid/gingham
- 0.15 m Fabric J beige with brown twigs
- 0.15 m Fabric K white
- 0.25 m Fabric L white with little roses
- 0.40 m Fabric M beige with burgundy roses
- 0.15 m Fabric N beige with lots of burgundy rose
- 0.10 m Fabric O beige with large roses
- 0.15 m Fabric P beige with dusky pink roses
- 0.30 m Fabric Q beige and red plaid/gingham
- 0.25 m Fabric R grey plaid/gingham
- 0.20 m Fabric S grey with flowers
- Remnants of patterned fabric in dark brown, dark beige, grey, burgundy and dusky pink
- Rick-rack and various fine strips of white lace trim
- 0.90 m batting
- 0.90 m backing fabric
- lots of different buttons
- various items of sewing accessories e.g. from an old sewing basket:  
safety pins, snap fasteners, old reels, pieces of card with darning cotton, thread stars,  
sewing machine bobbins, zipper from a zip fastener, suspenders

## GENERAL INFORMATION

**Size:** 85 x 90 cm

**Seam allowance:** 0.75 cm

0.75 cm seam allowance is already included in the pattern's cutting dimensions.

The templates do not include seam allowances.

### Monthly Instructions

The first 9 monthly instructions contain the templates, cutting dimensions and hints on selecting fabrics for the various blocks. In the 10<sup>th</sup> month the instructions will explain how to place the individual blocks together. In the 11<sup>th</sup> month we will include information on how to do the quilting and the edging and in the 12<sup>th</sup> month there will be precise instructions on how to decorate the individual blocks.

### Notes on Internet Instructions

All templates are displayed in original size.

Depending on the settings of your Acrobat Reader Program, the dimensions in the download can vary from the given size. You can check the dimensions with the aid of the centimeter scale displayed.

## EMBROIDERY

This quilt is characterized by a combination of patchwork, appliqué and hand embroidery.

**Cotton 12** was used as embroidery floss.

Either trace the motifs, ideally over a light source, or sketch them freehand. Use an embroidery frame if you usually use one.

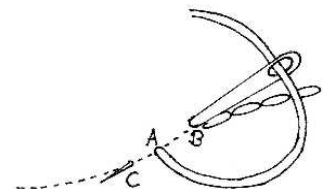
### Lockstitch or backstitch:

Bring the threaded needle up at A.

Move a little towards the right, insert the needle at B and bring it up again at C.

Insert the needle again at A.

Repeat steps A to C as often as required.



### French Knot:

In this stitch, the knot is created by winding the thread around the needle.

Bring up the threaded needle to the right side of the fabric.

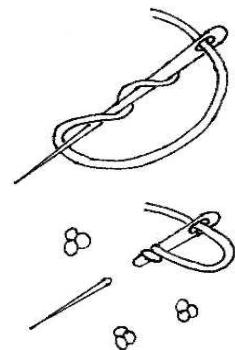
Wind the thread clockwise round the needle from top to bottom

Depending on the size of the knot required, wind the thread twice or more around the needle.

Hold the thread taut with your finger.

Insert the needle just beside the first hole

and pull the thread downwards.



See also the basic course at [www.sulky.com](http://www.sulky.com)

# APPLIQUÉ

## Needle Turn Appliqué

This type of appliqué is especially suitable for motifs which are traced on to stencils as templates. **Totally Stable** is a good stencil material; it is an interfacing with a special iron-on coating. The adhesive is not very strong and can be removed without leaving any residue. When sewing on the motif, push the seam allowance under the fabric with the help of the needle. The name "Needle Turn" comes from this type of stitching.

Transfer the individual elements of the motif on to the uncoated side of the **Totally Stable** material. Cut the **Totally Stable** material along the outlined contours and iron the individual pieces on to the right side of the corresponding fabrics.

Cut out the fabric, leaving a seam allowance of about 5 mm. When cutting curves inwards, clip the seam allowance several times close to the seam.

Arrange the individual motifs on the fabric, making sure to place them in the correct order; place the individual elements over and under each other. Secure with quilting pins. As you sew, push the seam allowance under the motif with the needle or first fold the seam allowance on the wrong side and secure in place with basting stitches.

When sewing, use a thread of the same colour as the appliqué motif and work with fine, small stitches. Remove the **Totally Stable** material from the upper side of the fabric, first taking out any basting stitches.

### **Tip:**

See also the basic course at [www.sulky.com](http://www.sulky.com)

## Stitch and turn appliqué

Transfer the corresponding templates to the matt side of the **Totally Stable** material and cut out along the outline. Iron the motif to the fabric required and place another piece of fabric on it, right sides facing each other. If you desire greater volume, place a piece of batting on the appliquéd motif beneath the two layers of fabric.

Sew the motif completely closed along the interfacing edge and make a small slit in one layer of fabric without cutting the **Totally Stable** material, in order to be able to turn the motif.

Remove the **Totally Stable** material from the reverse of the fabric and cut the fabric back to the seam allowance. Clip the seam allowance to close beside the seam and turn the motif.

Sew the motif by hand to the backing fabric with mattress stitch.

## SCHEMATIC DRAWING

<b>BOM 1a</b> <b>12 x 10 cm</b> 13,5 x 11,5 cm inkl. NHZ	<b>1b</b> <b>8 x 10</b> 9,5 x 11,5 cm	<b>BOM 2a</b> <b>35 x 18 cm</b> 36,5 x 19,5 cm inkl. NHZ					<b>5a</b> <b>8 x 12</b> 9,5 x 13,5 cm inkl. NHZ	<b>BOM 5b</b> <b>10 x 12 cm</b> 11,5 x 13,5 cm inkl. NHZ
<b>BOM 1c</b> <b>20 x 42 cm</b> 21,5 x 43,5 cm inkl. NHZ							<b>BOM 2b</b> jeweils <b>5 x 5 cm</b> jeweils 6,5 x 6,5 cm inkl. NHZ	
		<b>BOM 3</b> <b>35 x 27 cm</b> 36,5 x 28,5 cm inkl. NHZ						
							<b>BOM 4</b> <b>35 x 8 cm</b> 36,5 x 9,5 cm inkl. NHZ	
		<b>BOM 1d</b> <b>20 x 6 cm</b> 21,5 x 7,5 cm inkl. NHZ		<b>6b</b> <b>8 x 10</b> 9,5x11,5 cm inkl. NHZ		<b>BOM 6c</b> <b>10 x 10 cm</b> 11,5 x 11,5 cm inkl. NHZ		
<b>7a</b> <b>8 x 13</b> 9,5 x 14,5 cm	<b>BOM 7b</b> <b>17 x 13 cm</b> 18,5 x 14,5 cm inkl. NHZ		<b>8a</b> <b>8 x 10</b> 9,5 x 11,5 cm	<b>BOM 8b</b> <b>10 x 10 cm</b> 11,5 x 11,5 cm inkl. NHZ	<b>BOM 8e</b> <b>12 x 20 cm</b> 13,5 x 21,5 cm inkl. NHZ		<b>BOM 9</b> <b>18 x 17 cm</b> 19,5 x 18,5 cm inkl. NHZ	
<b>BOM 7c</b> <b>25 x 7 cm</b> 26,5 x 8,5 cm inkl. NHZ			<b>BOM 8c</b> <b>10 x 10 cm</b> 11,5 x 11,5 cm inkl. NHZ					
						<b>18 x 3 cm</b> 19,5 x 4,5 cm inkl. NHZ		