

SULKY®

“BLOCK OF THE MONTH”

2015 Pastry Pleasure



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Difficulty level: ++

Difficulty levels:

- + easy
- ++ medium
- +++ sophisticated

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Product information:

Yarn:

Gütermann SULKY Rayon 40: a universal machine embroidery thread made from 100% viscose, which can also be used for embroidery stitches and decorative quilting lines.

Gütermann SULKY Cotton 30 Multicolour: a machine embroidery and quilting thread made from 100% cotton, which repeats the various shades at regular intervals.

Stabiliser:

Gütermann SULKY Totally Stable: a Stickvlies embroidery interfacing with a special iron-on coating. The adhesive is not very strong and can be removed without leaving any residue.

Gütermann SULKY Thermofix: bonded adhesive fibres for ironing on appliqué motifs.

Materials:

- 2 spools **Rayon 40** in anthracite (Shade no. 1240)
- 1 spool **Cotton 30 Multicolour** in mint/pink/yellow (Shade no. 4101)
- 2.0 m **Totally Stable** (roll width 50 cm)
- 0.25 m fabric A pink small check gingham
- 0.20 m fabric B pink large check gingham
- 0.30 m fabric C pink patterned
- 0.20 m fabric D white with pink dots
- 0.65 m fabric E deep pink patterned
- 0.10 m fabric F deep pink with dots
- 0.25 m fabric G mint green patterned
- 0.20 m fabric H turquoise patterned
- 0.55 m fabric J turquoise checked
- 0.15 m fabric K turquoise dotted
- 0.10 m fabric L turquoise plain
- 0.15 m fabric M green with white dots
- 0.10 m fabric N green plain
- 0.10 m fabric O light orange patterned
- 0.15 m fabric P white
- 0.10 m fabric Q light beige patterned
- Remnants of patterned fabrics in pink, deep pink, green, turquoise and red
- 2.50 m wide rick-rack in deep pink
- 0.50 m rick-rack in green
- 0.50 m ruffled braid in deep pink
- 0.40 m narrow pompom braid in mint green
- 0.70 m volume fleece batting
- 0.70 m backing fabric
- matching thread (Sew-all thread) from Gütermann
- Aqua marking pen, e.g. from Prym

Size of finished quilt: 62 x 79 cm

GENERAL INFORMATION

Seam allowance: 0.75 cm

0.75 cm seam allowance is already included in the pattern's cutting dimensions.

The templates do not include any seam allowances. All templates (up to Block 4) are displayed in mirror-image.

Monthly Instructions

The first 10 monthly instructions contain the templates, cutting dimensions and hints on selecting fabrics for the various blocks. In the 11th month the instructions will explain how to assemble the individual blocks. In the 12th month the instructions will explain how to sew on the border, how to do the quilting and how to bind the border.

Notes on Internet Instructions

All templates are displayed in original size.

Depending on the settings of your Acrobat Reader program, the dimensions in the download can vary from the given size. To adjust the size, either modify your program or use a photo copier to adjust the template to the specified size.

All templates include a 10 centimetre scale, so that you can check the templates, once you have printed them out.

APPLIQUÉ

Hint

Cut the fabrics for the individual blocks somewhat larger than given in the cutting measurements and cut to the exact size only after you have completed the appliqué and ironed the sections.

Preparing the appliqué

Trace the templates on to **Thermofix** and cut out with generous margins. Place on the reverse of the relevant fabrics and iron on. To iron, cover with release paper or baking parchment. Arrange the motifs on the supporting fabric in accordance with the templates and iron on.

After they have cooled, cut out the individual motifs accurately along the outline. Cut out sections of motifs, which have the appearance of lying beneath other sections, with a seam allowance of about 2 mm and arrange them accordingly. Iron all motifs securely in place.

Tip

For complex motifs, such as the imps, it is simpler to iron the distinct parts together on release paper or baking parchment, for example the dress with collar and hands or legs with shoes and then to arrange them on the supporting fabric and finally to iron them securely in place.

Machine appliqué **(Sewing with feed dogs intact)**

This type of sewing is better suited to beginners who are not so confident with free machine embroidery. It is also very suitable for reproducing exactly the detail of fine lines, such as on faces.

Iron a layer of **Totally Stable** on to the reverse of the supporting fabric behind the appliqué motif. This will ensure consistent movement of the fabric through the feed dogs.

Using **Rayon 40** as the upper thread and small straight stitches (stitch length 1.5), outline the motif about 2 mm from the outer edge. When you stitch the outline a second time, the line becomes somewhat blurred.

Use an Aqua marking pen to draw details, such as the face or the inner lines of the pattern freehand or place the fabric over a light source and trace them in and sew with **Rayon 40** in the same way as for the outlines.

Once the motif is appliquéd to the supporting fabric, pull the **Totally Stable** carefully away from the reverse side of the fabric.

Free machine appliqué **(Sewing without feed dogs)**

Iron two layers of **Totally Stable** on to the reverse of the fabric behind the appliqué motif. The Stickvlies embroidery interfacing holds the fabric in shape, so that an embroidery frame is not needed for the free machine embroidery.

To begin the free machine embroidery, lower the feed dogs and insert the darning foot. Set the sewing machine to darning and select a straight stitch.

Thread the machine with **Rayon 40** as upper thread, insert the bobbin and bring up the bobbin thread. The speed dictates the stitch length; the speed is controlled by the work piece and the foot pedal.

Start sewing slowly and try to place the stitches along the raw edge. The seam should not be uniform, since the irregular guiding produces a "hand-painted effect". Sewing around the appliqué motif a second time disguises irregularities.

Use an Aqua marking pen to draw details, such as the face or the inner lines of the pattern freehand or place the fabric over a light source and trace them in and sew with **Rayon 40** in the same way as for the outer lines.

Once the motif is appliquéd to the supporting fabric, pull the **Totally Stable** carefully away from the reverse side of the fabric.